

## FLASH Lessons

### DeKalb County School District ~ Middle School

#### Recommendations for 6<sup>th</sup> Grade Implementation:

- Lessons in **red** can be found online and in the new curriculum book, lessons in black are only found in your original curriculum book
- 10 lessons taught during 10 consecutive school days for a two-week sexual health education unit
- Implement lessons from both FLASH 4/5/6 and FLASH 7/8
- Administer pre-test to record baseline of knowledge and a posttest to measure intended increases in knowledge and improvements in attitude about sexual health
- Incorporate GCAPP lesson adaptations to increase engagement
- Family homework assignments are optional; use good judgment & discretion to determine which assignments to assign

	Curriculum	Lesson #	Lesson Title	Notes/Materials Needed
<b>Day 1</b>	FLASH 4/5/6	1	Pre-Test & Introductory Class	Introduce Anonymous Question Box
<b>Day 2</b>	FLASH 4/5/8	3 & 5	Self-Esteem & Friendship	Two short lessons in one day
<b>Day 3</b>	FLASH 4/5/6	6	Decision- Making	
<b>Day 4</b>	FLASH 4/5/6	7	Sexual Exploitation - Day 1	
<b>Day 5</b>	FLASH 7/8	2 & 3	Puberty	
<b>Day 6</b>	FLASH 7/8	6 & 7	Reproductive System & Pregnancy	Updated FLASH lesson!
<b>Day 7</b>	FLASH 7/8	8 & 9	Gender Identity and Sexual Orientation	Updated FLASH lesson!
<b>Day 8</b>	FLASH 7/8	16	Communication: The Basics	
<b>Day 9</b>	FLASH 4/5/6	17	HIV/AIDS: Year 2, Day 1	
<b>Day 10</b>	FLASH 7/8	----	Review & Posttests	Anonymous Question Box (final Q&A session)

#### Recommendations for 7<sup>th</sup> Grade

- 9 lessons taught during 10 consecutive school days for a two-week sexual health education unit
- Implement lessons from FLASH 7/8
- Administer pre-test to record baseline of knowledge and a posttest to measure intended increases in knowledge and improvements in attitude about sexual health
- Incorporate GCAPP lesson adaptations to increase engagement
- Family homework assignments are optional; use good judgment & discretion to determine which assignments to assign

	Curriculum	Lesson #	Lesson Title	Notes/Materials Needed
<b>Day 1</b>	FLASH 7/8	1	Pre-Test & Introductory Class	Introduce Anonymous Question Box
<b>Day 2</b>	FLASH 7/8	2 & 3	Sexual Health & Hygiene	
<b>Day 3</b>	Optional Lesson	----	Decision-Making Video Clips: What Would You Do?	This is an alternative lesson recommended by GCAPP
<b>Day 4</b>	FLASH 7/8	4	Preventing STDs	Updated FLASH lesson!
<b>Day 5</b>	FLASH 7/8	6 & 7	Reproductive System & Pregnancy	Updated FLASH lesson!

<b>Day 6</b>	<b>FLASH 7/8</b>	<b>17 &amp; 19</b>	<b>Saying No</b>	<b>Updated FLASH lesson!</b>
<b>Day 7</b>	FLASH 7/8	<b>21</b>	HIV/AIDS: Basic Facts	
<b>Day 8</b>	FLASH 7/8	<b>22</b>	HIV/AIDS: Understanding Risk Behaviors	
<b>Day 9</b>	FLASH 7/8	----	Review & Posttests	Anonymous Question Box (final question and answer session)

## Recommendations for 8<sup>h</sup> Grade

- 9 lessons taught during 10 consecutive school days for a two-week sexual health education unit
- Implement lessons from FLASH 7/8
- Administer pre-test to record baseline of knowledge and a posttest to measure intended increases in knowledge and improvements in attitude about sexual health Monkey
- Incorporate GCAPP lesson adaptations to increase engagement
- Family homework assignments are optional; use good judgment & discretion to determine which assignments to assign

	<b>Curriculum</b>	<b>Lesson #</b>	<b>Lesson Title</b>	<b>Notes/Materials Needed</b>
<b>Day 1</b>	FLASH 7/8	<b>1 &amp; 7</b>	Pre-Test & Introductory Class Quick review of Reproductive System	Introduce Anonymous Question Box
<b>Day 2</b>	<b>FLASH 7/8</b>	<b>5</b>	<b>Preventing STDs</b>	<b>Updated FLASH lesson!</b>
<b>Day 3</b>	<b>FLASH 7/8</b>	<b>10 &amp; 11</b>	<b>Rules of Dating</b>	<b>Updated FLASH lesson!</b>
<b>Day 4</b>	Common Sense Media	----	Sexting Lesson	This is a non-FLASH lesson recommended by GCAPP – can be found online at
<b>Day 5</b>	<b>FLASH 7/8</b>	<b>14</b>	<b>Birth Control Methods</b>	<b>Updated FLASH lesson!</b>
<b>Day 6</b>	FLASH 7/8	<b>19 &amp; 20</b>	Communication: Saying “No” and Communication: Defending Your Rights	
<b>Day 7</b>	FLASH 7/8	<b>22 &amp; 23</b>	HIV/AIDS: Influence of Alcohol and Other Drugs HIV/AIDS: Understanding Risk Behaviors	
<b>Day 8</b>	FLASH 7/8	<b>24</b>	HIV/AIDS: Rights & Responsibilities	
<b>Day 9</b>	FLASH 7/8	----	Review & Posttests	Anonymous Question Box (final question and answer session)

